



## CONCUSSION AWARENESS SEMINAR

Please join us for a **Concussion Awareness Seminar** for coaches, recreation/athletic directors, and parents. Our Certified Athletic Training staff will host the event which will consist of a video presentation, discussion, and a question and answer session regarding concussion recognition and management.

**Wednesday, February 22, 2012**

**7pm - 9pm**

Valley Hospital Auditorium  
223 N. Van Dien Ave.  
Ridgewood, NJ 07450

### Athletic Training Staff:

- \* Don Tomaszewski, MS, ATC - Director VH Sports Institute
- \* Karen Karosy, M.Ed, ATC - Indian Hills High School
- \* Bill Walsh, ATC - Bergen Catholic High School
- \* Maggie Duer, MS, ATC - Mahwah High School
- \* Sarah Edge, MS, ATC - Ramapo High School

Registration is **FREE**

**For registration and directions**, please call  
1-800-Valley1 (825-5391) by Tuesday, February 13

*Coffee and a light snack will be provided*



- Video presentation of concussion recognition, treatment, and management
- Discussion of Second Impact Syndrome, Post Concussion Syndrome, and Return to Play Guidelines
- Question and Answer session between audience and staff
- Certificates of participation awarded
- Informational resources available



**Valley Hospital Sports Institute is an ImPACT testing provider.**

**To schedule a test please call  
201-447-8133**